

# CALIFORNIA GRADUATE INSTITUTE

Graduate School of Professional Psychology

## CATALOG

2006



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# GRADUATE SCHOOL

# THE SCHOOL

## History

The California Graduate Institute is the first independent graduate school of psychology in the country, founded expressly to expand the scope of traditional graduate study in psychology, marital and family therapy, and psychoanalysis. Specialized certificate programs and continuing education courses for professionals enrich the graduate degree programs.

The Institute has been in continuous operation since its founding on July 12, 1968. In 1969, it received federal and state recognition as a nonprofit, tax-exempt educational institution. It has operated in Westwood adjacent to UCLA since its founding. In 1973, a second location opened in the city of Orange to accommodate a growing number of students in the Orange County area. In 1998, the Orange County satellite relocated adjacent to UCI on Campus Drive in the University Tower, Irvine. The Institute received California Department of Education approval in 1976, after an evaluative review of the Institute's self-study and an on-site visit. The Institute has operated under state approval continuously since that time.

Most recently, effective January 1, 1999, the Bureau for Private Postsecondary and Vocational Education (BPPVE) granted the latest 5-year approval under Article 8 of the 1998 California Education Code, specifying that CGI may grant the following degrees: MA in Psychology, MA in Marital and Family Therapy (MFT), MA in Counseling Psychology, Doctor of Psychology (PsyD), PsyD in Marital and Family Therapy, PsyD in Counseling Psychology, PsyD in Psychoanalysis, and PhD in Clinical Psychology. The following certificates were also approved: Behavioral Medicine, Chemical Dependency Treatment, Diagnosis and Treatment of Sexual Disorders, Treatment of Victims and Perpetrators of Violent Crimes, Psychoanalysis, Psychoanalytic Psychotherapy, Family Law and Mediation, Psychological Assessment, Forensic Psychological Assessment, Biofeedback Therapy, Child and Adolescent Psychotherapy, and Clinical Hypnotherapy.

The masters and doctoral programs have been approved for Veterans Administration partial reimbursement for tuition and other benefits under Section 1776, Title 38, U.S. Code. The Institute has also been approved by the U.S. Immigration Service for study by students from other countries under Section 101 (a)(15)(F) d of the Immigration and Naturalization Act.

The California Graduate Institute has been approved by the California Psychological Association Accrediting Agency, Continuing Education Committee. The Institute has met the standards set forth in the regulations and Accrediting Agency policy to be a provider for mandatory continuing education for psychologist license renewal. The Institute is also an approved Provider for Mandatory Continuing Education for MFT and LCSW license renewal by the California Board of Behavioral Sciences.

In addition, the California Graduate Institute is approved by the American Psychological Association to offer continuing education for psychologists. CGI maintains responsibility for the program.

Furthermore, the California Graduate Institute is an approved continuing education provider for nurses with the California Board of Registered Nursing, and for social workers with the National Association of Social Workers. Courses listed in this catalogue are not for continuing education. Continuing education offerings are listed in periodic brochures and announcements.

The Postdoctoral Research Program in psychoanalysis is recognized by The Division of Allied Health Professions of the Medical Board of California, Department of Consumer Affairs. CGI's psychoanalytic program was the first independent graduate school program approved in California as equivalent in education, training, and scope to the four medical training institutes operating in the state.

Completion of the approved doctoral program in psychology at the Institute fulfills the educational requirements for licensing as a psychologist by the Board of Psychology, California Department of Consumer Affairs. The Institute recommends that students consult with the BOP to determine their eligibility.

Completion of the approved MA or doctoral program in Marital and Family Therapy fulfills the educational requirements for the MFT license administered by the Board of Behavioral Sciences of California. The Institute recommends that students consult the BBS to determine their eligibility.

Students seeking licensure in another state should ask that state's licensing agency about its requirements.

The Institute, in compliance with civil rights legislation, subscribes to a policy of nondiscrimination on the basis of race, color, national origin, ancestry, religion, creed, sex, age, handicap, marital status, sexual orientation, or veteran status in all aspects of the school's functions, including selection and assignment of faculty, administrative staff, student admissions, and internships. The California Graduate Institute adheres to the provisions of the Family Education Rights and Privacy Act of 1974.

## **Mission Statement**

California Graduate Institute is an innovative professional school of psychology, marital & family therapy, and psychoanalysis. We are a learning community of professionals offering graduate degree programs to students motivated primarily to be licensed psychotherapists.

In pursuit of these aims, fortified by our expanding culture of evidence and improvement, we:

- Provide professional education and clinical training to graduate students pursuing a specialization in clinical psychology, marital & family therapy, or psychoanalysis.
- Promote comprehensive understanding and application of major theoretical orientations in psychotherapy, especially psychodynamic psychotherapy.
- Prepare advanced CGI students to begin practical training as clinical interns in external placements or in the CGI Counseling Center where, along with students from accredited graduate programs, they offer affordable psychotherapy services to the underserved community.
- Produce graduates who are academically qualified to seek California licensure in psychology and/or marital & family therapy. In addition, qualified graduates can register as a research psychoanalyst with the Board of Medical Quality Assurance.

## **Philosophy**

The administration and faculty are dedicated to serving the community and state by educating students for the mental health professions. This mission is carried out by conducting rigorous academic and training programs in a supportive atmosphere that encourages learning and personal growth.

The Institute was formed to expand the traditional boundaries of graduate instruction by offering students a curriculum containing both theory and clinical practice. Faculty members are licensed practitioners with extensive experience who continue to meet the daily challenges of their profession. Programs leading to the various degrees offer students a study of themselves as individuals, balanced with an understanding of theories and techniques they will use as professionals.

The curriculum combines social science research common to university graduate programs with the intensity of clinical training offered by professional institutes of psychology, marital and family therapy, and psychoanalysis. While the administrators and faculty value and support the acquisition of research skills, the CGI program differs from more traditional programs in that curriculum emphasis is on the theory and practice of psychotherapy. At the same time, CGI strongly encourages faculty and students to conduct research and publish their works. Over the years, many journal articles and books have their origin in dissertations completed at CGI.

Further, the Institute, from its inception, remains committed to the expansion and enhancement of the mental health profession. To this end, it offers continuing education seminars, workshops, and lectures designed for practicing professionals who wish to stay informed about current developments in their field.

The Institute discharges its overall responsibility to the community by educating professionals who eventually will practice psychotherapy, by providing continuing education for those already in the field, and by operating low fee counseling centers staffed by interns supervised by licensed therapists.

## **Diversity at CGI**

Diversity is a key element in education at CGI. Students come to CGI from the United States, Canada, Central and South America, Europe, Asia, Africa and Australia. The benefit of such a wide range of places of origin is a student body composed of varying ethnicities, racial identities, age, gender and diverse cultural and life experiences. This mix contributes to an environment which both educates and creates cultural and individual awareness and sensitivities important to the understanding of psychology.

Diversity is valued as a basis for both the educational offerings and approaches available at the Institute. This is reflected in the extent of program offerings at the Institute. The Psychology program offers two Master's level programs and three Doctoral programs; the Marriage and Family Therapy program offers a Master's and a Doctoral Program. Certificate programs provide for specialization in Psychoanalysis and other specialties.

The courses available at CGI reflect a wide range of intellectual endeavor including Western and Eastern approaches to psychology, behavioral medicine, psychoanalysis, psychodynamics and psychometrics, among others. The faculty at CGI come from varied university and clinical backgrounds and cultures. The combination of depth in education and the richness of variety in both the faculty and student body creates a classroom environment of greater dialogue and understanding.

Diversity is also valued in the CGI Counseling Centers. Interns and supervisors come from different backgrounds and cultures. Many of our Counseling Center interns are from other WASC accredited schools which use CGI as a placement for training. CGI maintains a diverse clinical training system of 200 placements to promote the best fit for students training in both general and specialized psychology. The Counseling Centers serve the diverse cultural backgrounds found in Los Angeles and Orange Counties, providing interns with the opportunity to expand their knowledge and awareness of cultural and individual sensitivities.

## **Learning Resource Center**

The Learning Resource Center (LRC), located at the Westwood facility, supports the Institute's academic programs and instructional framework through the education of students in online research techniques to identify research materials. Facilities for study and computer use, local collections of psychotherapy reference books, and bound copies of doctoral dissertations produced throughout the Institute's history are also available.

Internet access to the collections of the University of California and California State University is available through the Orion and Melvyn databases respectively. The LRC also provides research facilities through such World Wide Web sites as PsycInfo, Medline, and various other behavioral sciences sites.

Standardized psychological tests and information in psychometrics, including directories, manuals, textbooks, and assessment catalogs comprise another important component of the LRC holdings. These measurement materials are available for check out by CGI faculty, students enrolled in assessment courses, and by interns in the CGI Counseling Center. A large collection of audio and video cassettes related to the field of clinical psychology is also available.

Both the Westwood facility and the satellite facility in Irvine are located close to the major research centers and world-class libraries at the University of California, Los Angeles, and the University of California, Irvine. Because our degree programs require library resources to complete empirical or theoretical research studies, CGI students are required to take advantage of these conveniently located libraries and obtain library cards for these two universities through the University of California Alumni Association. CGI students are reimbursed for the fees paid to obtain their University of California Alumni Association card. For further details, contact the Registrar's Office.

Weekly hours of operation are posted each term.

## **COUNSELING CENTERS**

The Institute operates counseling centers at both the Westwood and the Irvine facilities. The counseling centers complement the academic training programs. They provide the latest in clinical skills and professionalism, and provide psychotherapy and counseling services that are affordable and accessible. Supervision is provided by a licensed and experienced staff of clinical psychologists, marital and family psychotherapists, psychoanalysts, and psychiatrists. Applications are accepted (a) from all students who achieved MFT trainee or intern status; (b) from psychology and psychoanalytic students, (c) from students who have achieved candidacy status; or (d) from students who have received administrative permission to enter. Contact the Director of Clinical Placement for information about this and other clinical placement sites.

DEGREE PROGRAMS  
&  
CERTIFICATES



# DEPARTMENT OF PSYCHOLOGY

The CGI Department of Psychology requires the study of traditional and present-day psychology. Students engage in a core clinical curriculum that supports both the science and practice of psychology. The department emphasizes the integration of multimodal approaches to psychotherapy, investigates new theoretical principles and therapeutic directions, and tempers the practice of psychotherapy with contemporary outcome research.

Courses are designed to enable students to acquire advanced theoretical and clinical knowledge. Students are encouraged to self-direct part of their learning by choosing electives offering different points of view. Students in the Psychology Department may take electives from any of the CGI interdepartmental certificate programs or from other department offerings.

## Degrees

The Department offers 2 degrees: Master of Arts (MA) in Psychology, and Doctor of Psychology (PsyD).

## Master of Arts in Psychology

The Master of Arts in Psychology is designed for students who intend to pursue one of the doctoral degrees in psychology. The program consists of six basic courses (indicated by the prefix “B”) and 11 core courses (prefix C) to complete the required 48 units.

Basic and Core Courses	Units
B-101 History & Systems of Psychology	3
B-102 Life Span Development	3
B-103 Brain Activity and Behavior	3
B-104 Learning & Cognition	3
C-121-3 Group Psychodynamics I, II & III	6 (2 units for 3 trimesters)
C-131 Ethics and Laws for Psychotherapy	2
C-142 Dynamics of Psychopathology	3
C-151 Psychological Assessment I: Overview	3
C-161 Psychoanalytic Psychotherapy	3
C-163 Human Sexuality	3
C-164 Drug Use and Abuse	3
C-166 Child Abuse and Domestic Violence	2
C-168 Psychopharmacology	2
B-100 Research Analysis I	3
B-105 Research Analysis II	3
C-190 Individual Didactic Psychotherapy	1
C-169 Human Diversity	1
C-178 Geriatric Assessment and Treatment	1
<b>Total</b>	<b>48</b>

The degree is obtained when students (who have maintained the required 3.0 grade point average) complete the unit requirement and pass the Written Comprehensive Examination. In order to qualify for the Written Comprehensive Examination, students must meet with the Director of Admissions to check their files for completeness, and to receive a referral to the Registrar for examination arrangements.



# Doctor of Psychology

The Doctor of Psychology (PsyD) curriculum is designed to provide students with a practical and profound knowledge of a wide range of clinical theories and psychotherapeutic interventions, and to afford them the educational requirements for licensing by the California Board of Psychology. Courses are designed to enable students to acquire advanced theoretical and clinical knowledge. Students are encouraged to self-direct part of their learning by choosing electives offering multidisciplinary points of view. There is an emphasis on clinical practicum experience and psychotherapy as well as classroom instruction.

The requirements for the Doctor of Psychology (PsyD) degree are as follows:

1. Students accepted into the program with a Master of Arts (MA) degree from a school other than CGI must take the following courses:

<b>Course</b>	<b>Title</b>	<b>Units</b>
C-121-3	Group I, II, III	6 (2 units for 3 trimesters)
C-190	Individual Psychotherapy	1

In addition, students accepted into the program with a Master's degree from a school other than CGI must take, or have taken the equivalent of, the following Qualifying Courses:

<b>Course</b>	<b>Title</b>	<b>Units</b>
B-100	Research Analysis I	3
B-101	History and Systems of Psychology	3
B-102	Life Span Development	3
B-103	Brain Activity and Behavior	3
B-105	Research Analysis II	3
C-131	Ethics and Laws for Psychotherapy	2
C-142	Dynamics of Psychopathology	3
C-151	Psychological Assessment I	3
C-161	Psychoanalytic Psychotherapy	3
C-163	Human Sexuality	3
C-164	Drug Use and Abuse	3
C-166	Child Abuse and Domestic Violence	2
C-168	Psychopharmacology	2
C-169	Human Diversity	1
C-178	Geriatric Assessment and Treatment	1

Any or all Qualifying Courses added to the requirements are counted against the Elective Course allotment listed below.

2. All students accepted into the program must complete the following courses and additional requirements:

<b>Course</b>	<b>Title</b>	<b>Units</b>
C-160	Theories of Family Therapy	3
C-162	Cognitive-Behavioral Therapy	3
C-171	Psychosocial Dynamics	3
C-172	Organizational Psychology	3
P-379	Modern Analysis	3
413	Psychodynamic Theories	3
P-399	Models of the Mind	3
C-152	Psychological Assessment II: Personality	3
C-153	Psychological Assessment III: Batteries	3
C-191	Clinical Practicum I	4
C-192	Clinical Practicum II	4
C-193	Clinical Practicum III	4
C-194	Clinical Practicum IV	4
C-181	Doctoral Proposal I	3
C-182	Doctoral Proposal II	3
	Required Doctoral Units:	49
	Elective Doctoral Units:	19
	<b><u>Total Required Units for PsyD:</u></b>	<b>68</b>

### *Additional Requirements*

- Written Comprehensive Examination
- Candidacy Interview
- Doctoral Project
- For students with an MA from a school other than CG1 minimum units required: **68**

3. A grade point average of 3.0 or higher in all courses taken at the Institute.

4. Successful completion of the Written Comprehensive Examination in Psychology. Students accepted into the program with an MA from a school other than CG1 are eligible for the Exam upon completion of the Qualifying Courses listed above. Students who have earned an MA from CG1 will have already taken this Exam.

5. A satisfactory interview for Candidacy Status. (See Candidacy Requirements under General Information.)

6. Successful completion of the Oral Qualifying examination, after all course and unit requirements have been met.

7. Completion of the Individual Psychotherapy (C-190) requirement (see section on individual psychotherapy in the General Information section).

8. Completion and successful defense of a clinical dissertation in psychology. Dissertations must reflect originality and creativity, and make a scholarly contribution to the field. Candidates must formally present the dissertation proposal to members of the Institutional Review Board. When the proposal is approved, the student's own committee guides the progress of the dissertation. When all academic and clinical requirements have been completed, candidates formally defend the dissertation before members of the Institutional Review Board and their own committee. (See section on dissertation procedure.)

Candidates will be allowed 7 years from candidacy status to complete requirements for the doctoral degree. A 1-year extension may be requested in writing to the Education Council. An additional 1-year extension may be requested in exceptional circumstances.

Candidates who have completed their course requirements must be continuously enrolled in either 931 or 933 (or a minimum of 3 units of elective credit for each additional term) until the dissertation has been completed.

### **Conferring Degree**

When candidates have successfully completed all academic, clinical and individual requirements, the chair of the Department will recommend to the Education Council that they receive the Doctor of Psychology degree. All other requirements must be met before the final defense of the dissertation. Before a defense date may be obtained from the Registrar, a file review must be made by the Director of Admissions.

# DEPARTMENT OF MARITAL & FAMILY THERAPY

The Department of Marital & Family Therapy offers two degrees, the Master of Arts in Psychology With an Emphasis in Marital & Family Therapy and the Doctor of Psychology in Marital & Family Therapy. Either of these degrees meets the educational requirements for MFT licensure of the Board of Behavioral Sciences in California.

Marital and family therapy (MFT) is a dynamic, modern, therapeutic field. It has been a mental health specialty for approximately 30 years. MFT employs psychodynamic concepts, and family systems theories. Marital and Family therapists are trained to assess, diagnose, and treat individuals, couples, groups, and families with concerns about interpersonal relationships.

## Master of Arts in Psychology With Emphasis in Marital and Family Therapy

<u>Course</u>	<u>Title</u>	<u>Units</u>
B-102	Life Span Development	3
C-121-3	Group Psychodynamics I, II, & III	6 (2 units for 3 trimesters)
C-131	Ethics and Laws for Psychotherapy	2
C-142	Dynamics of Psychopathology	3
C-151	Psychological Assessment I: Overview	3
C-160	Theories of Family Therapy	3
C-161	Psychoanalytic Psychotherapy	3
C-163	Human Sexuality	3
C-164	Drug Use and Abuse	3
C-166	Child Abuse and Domestic Violence	2
C-168	Psychopharmacology	2
C-190	Individual Didactic Psychotherapy	1
C-191	Clinical Practicum I	4
403	Applied Techniques of Family Dynamics	3
409	Child and Adolescent Psychotherapy	3
452	Psychodynamic Conjoint Therapy	3
C-169	Human Diversity	1
508	Geriatric Assessment and Treatment	1
<b><u>Total required units for MA:</u></b>		<b>49</b>

There are two primary trends that permeate the philosophy and thus the course content presented throughout the curriculum. First, psychodynamic theory and practice is the framework of the entire curriculum. Second, students are familiarized with the published literature in research journals, including both research methods and an understanding of results. The outcome of these trends weaves the fibers of psychodynamic theory and practice with a solid understanding of clinical research.

The degree is obtained when students (who have maintained the required 3.0 grade point average) complete the unit requirements and pass the Written Comprehensive Examination.

In order to qualify for the Written Comprehensive Examination, students must meet with the Director of Admissions to check their files for completeness, and to refer them to the Registrar for exam arrangements.

Students are required to complete 150 hours of field placement experience (traineeship) while in practicum.

# Doctor of Psychology (PsyD) in Marital & Family Therapy

1. Students accepted into the program with a Master's degree from a school other than CG1 must take the following courses:

<b>Course</b>	<b>Title</b>	<b>Units</b>
C-121-3	Group Psychodynamics I, II, III	6 (2 units for 3 trimesters)
C-190	Individual Psychotherapy	1 unit

In addition, students accepted into the program with a Master's degree from a school other than CG1 must take, or have taken the equivalent of, the following Qualifying Courses:

B-102	Life Span Development	3
C-1 31	Ethics and Laws for Psychotherapy	2
C-160	Theories of Family Therapy	3
C-1 63	Human Sexuality	3
C-166	Child Abuse and Domestic Violence	1
C-169	Human Diversity	1
C-178	Geriatric Assessment and Treatment	1
403	Applied Techniques of Family Dynamics	3

Any or all Qualifying Courses added to the requirements are counted against the Elective Course allotment listed below.

2. All students accepted into the program must complete the following courses and additional requirements:

<b>Course</b>	<b>Title</b>	<b>Units</b>
413	Psychodynamic Theories	3
460	Advanced Psychodynamic Theories	3
P-379	Modern Analysis	3
465	Dynamics of Clinical Supervision	3
454	Marriage, Divorce & Family Changes	3
466	Play Therapy Techniques	3
P-399	Models of the Mind	3
418	Ethnicity and Multiculturalism	3
C -152	Psychological Assessment II: Personality	3
B-100	Research Analysis I	3
320	Dream Analysis	1
C - 192	Clinical Practicum II	4
C-1 93	Clinical Practicum III	4
C -194	Clinical Practicum IV	4
C - 181	Doctoral Proposal I	3
C-1 82	Doctoral Proposal II	3
	Doctoral Units:	49
	Elective Doctoral Units:	19
	<b>Total Required Units for PsyD:</b>	<b>68</b>

### ***Additional Requirements***

- Written and Oral Comprehensive Examination
- Candidacy Interview
- Doctoral Project

For students with an MA from a school other than CGI minimum units required : 68

3. A grade point average of 3.0 or higher in all courses taken at the Institute.
4. Successful completion of the Written Comprehensive Examination. Students accepted into the program with an MA from a school other than CGI are eligible for the Exam upon completion of the Qualifying Courses listed above.

Students who have earned an MA in Marital & Family Therapy or Psychology from CGI will have already taken this Exam.

5. A satisfactory interview for Candidacy Status. (See Candidacy Requirements under General Information.)
6. Successful completion of the Oral Qualifying Examination, after all course and unit requirements have been met.
7. Completion of the Individual Psychotherapy (C-190) requirement (see section on individual psychotherapy in the General Information section).
8. Completion and successful defense of a clinical dissertation in psychology. Dissertations must reflect originality and creativity, and make a scholarly contribution to the field.

Candidates must formally present the dissertation proposal to members of the Institutional Review Committee. When the proposal is approved, the student's own committee guides the progress of the dissertation. When all academic and clinical requirements have been completed, candidates formally defend the dissertation before members of the Institutional Review Board and their own committee. (See section on dissertation procedure.)

Candidates will be allowed 7 years from candidacy status to complete requirements for the doctoral degree. A 1-year extension may be requested in writing to the Education Council. An additional 1-year extension may be requested in exceptional circumstances.

Candidates who have completed their course requirements must be continuously enrolled in either 931 or 933 (or a minimum of 3 units of elective credit for each additional term) until the dissertation has been completed.

Students seeking MFT internship status are required by the BBS to complete 150 hours of field placement experience (traineeship) while in practicum.

### **Conferring Degree**

When candidates have successfully completed all academic, clinical and individual requirements, the chair of the Department will recommend to the Education Council that they receive the Doctor of Psychology degree in Marriage and Family Therapy. All other requirements must be met before the final defense of the dissertation. Before a defense date may be obtained from the Registrar, a file review must be made by the Director of Admissions.

# CERTIFICATE PROGRAMS

CGI has a number of certificate programs. They are all graduate level in content and require as a minimum entrance requirement a bachelor's degree in the behavioral sciences or equivalent discipline. These certificates, with the exception of those offered in psychoanalysis and psychoanalytic psychotherapy, are interdepartmental and are administered by the Department of Psychology and the Department of Marital and Family Therapy. The certificate programs in psychoanalysis and psychoanalytic psychotherapy are Psychoanalytic Department offerings. (See the Department of Psychoanalysis section for certificate offerings.)

CERTIFICATE IN BEHAVIORAL MEDICINE

CERTIFICATE IN BIOFEEDBACK THERAPY

CERTIFICATE IN CHEMICAL DEPENDENCE TREATMENT

CERTIFICATE IN CHILD AND ADOLESCENT PSYCHOTHERAPY

CERTIFICATE IN CLINICAL HYPNOTHERAPY

CERTIFICATE IN DOMESTIC VIOLENCE

CERTIFICATE IN FAMILY LAW AND MEDIATION

CERTIFICATE IN FORENSIC PSYCHOLOGICAL ASSESSMENT

CERTIFICATE IN GERONTOLOGY

CERTIFICATE IN PSYCHOANALYSIS

CERTIFICATE IN PSYCHOANALYTIC PSYCHOTHERAPY

CERTIFICATE IN PSYCHOLOGICAL ASSESSMENT

CERTIFICATE IN TREATMENT OF SEXUAL DISORDERS

*Complete details are available from the Office of Admission and Student Affairs*

ADMINISTRATION  
&  
FACULTY



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Adjunct Professor  
University of California, Los Angeles

Deborah Wiss, PhD  
Adjunct Professor  
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University of Pittsburg

# COURSE DESCRIPTIONS



# Course Descriptions

## INTERDEPARTMENTAL LIST OF COURSES

*Each course is 3 units unless stated otherwise. 4-unit courses require applied laboratory work. Laboratory exercises involve direct supervision by a research psychologist, and application of classroom learning to clinical designs and research subjects in a particular project in a larger series. Students accumulate these individual studies for use in the doctoral dissertation.*

### **B-100**            Research Design and Descriptive Statistics (3).

The curriculum is designed either for students who are statistics-phobic or who have never studied it. Fundamental principles of research, including the special language used, design concepts, principles of measurement, experimental design and descriptive statistics including mean, median and mode, variance and standard deviation, z-scores and other standard scores. B-100L *Lab Portion* (1) Introduction to SPSS (Statistics Program for Social Sciences). Practice in frequencies, graphing, selecting cases, examinations of means, medians and modes from a database collected following the Oklahoma City bombing.

### **B-101**            History and Systems of Psychology

An examination of the history of psychology as the vital ingredient in the history of ideas in western thought, detailing the transition from philosophical psychology to scientific psychology.

### **B-102**            Developmental Psychology

An examination of the conception-to-old-age factors and stages governing human development, including personality and cognitive development in early childhood. Includes the process of identification, adolescence, the search for identity, and development as a lifelong process.

### **B-103**            Brain Activity and Behavior

An introduction to an understanding of the structure and function of the nervous system. Major emphasis will be placed on brain processes underlying consciousness, sensation, movement, pain, arousal, sleep, sex, emotion, and memory.

### **B-104**            Learning and Cognition

An examination of the roles of cognition, motivation, and emotion in learning and behavior. The major theories of learning will be reviewed.

### **B-105**            Inferential Statistics for Clinical Research (3).

As with B-100, instruction is designed for those who are not comfortable with mathematical approaches. The emphasis is on verbal and conceptual approaches to the material. Curriculum includes review of measures of central tendency, measures of dispersion and z scores; introduction to inferential statistics, the Student t test, One-way ANOVA, Chi Square, the correlation coefficients. B-105L *Lab Portion* (1) Continuation of examination of the database collected following the Oklahoma City bombing; application of the Student t-test, ANOVA, Chi Square and correlation coefficients to the data.

### **B-106**            Multivariate and Nonparametric Statistics (4).

As with previous courses, the verbal rather than the mathematical approach will be used, with the emphasis on interpretation rather than details of the analyses. Two-way analysis of variance and advanced ANOVA designs; Analysis of Covariance, Multivariate Analysis of Variance, Multivariate Analysis of Covariance, Kolmogoroff-Smirnov test, Mann-Whitney U, Wilcoxon Test, and other correlation coefficients. *Lab Portion*: Application of the above tests to a database collected following the Oklahoma City bombing.

**B-107** Test Construction and Clinical Research (4).

Clinicians need to have a thorough understanding of the principles underlying the tests they use. Curriculum includes test construction, including reliability, validity, standard error of the mean, standard error of the estimate and the rudiments of factor analysis; techniques of purely clinical research (e.g., one-case studies). *Lab Portion:* Students will create their own test instrument and apply the above standards to it using SPSS. This can be done as part of their proposal development.

**C-121 - C-123** Group I - III

Group interaction as it is related to psychodynamic processes. Theory will be related to contemporary techniques. Required of all students; must be taken with the same instructor for 3 consecutive trimesters; maximum of 2 units per trimester.

**C-131** Ethics & Laws in Psychotherapy

A review of current ethical principles and standards of practice for psychotherapists. Includes state and federal laws governing the practice of psychotherapy in California, and professional issues that affect practicing therapists. Required course for aspirants to licensing in psychology or marital & family therapy.

**C-142** Dynamics of Psychopathology

An examination of major symptom classifications used in psychotherapeutic diagnosis with emphasis on accounts of causation and treatment. Traditional classificatory schemes will be analyzed in light of recent conceptualizations and current research.

**C-151** Psychological Assessment II: Personality

Basic issues in objective and projective personality assessment. Will evaluate FIRO-B, TAT, MMPI-2, MCMI, SCL-90, 16-PF, PIC, CPI, Myers-Briggs, drawing tests, Rorschach, and report writing. *Prerequisite:* C-151, or written permission of instructor.

**C-152** Psychological Assessment I: Intelligence

History and ethics of psychological testing, interviewing and mental status examination. Will evaluate norms, standardization, validity and reliability, and theoretical models of intelligence. Testing with the , Stanford-Binet, WAIS-R, educational/occupational/vocational testing, and report writing.

**C-153** Psychological Assessment III: Assessment Batteries

Will develop composition of psychological and neurological test batteries, providing test results to patients and families, and integrating data into a final report. *Prerequisite:* C-152, or written permission of instructor.

**C-160** Theories of Family Therapy

An examination of the salient theories of all major psychotherapeutic orientations concerned with couples, relationships, and family systems.

**C-161** Psychoanalytic Psychotherapy

An investigation of intensive psychotherapy within the context of the interpersonal relationship between psychotherapist and patient. New modalities of psychotherapy examined.

**C-162** Cognitive-Behavioral Therapy

Theoretical and clinical evaluation of the use of behavior modification and cognitive techniques in psychotherapy. The principles of operant conditioning, reinforcement contingencies, systematic desensitization, modeling, observational learning, and cognitive techniques will be applied to behavioral health problems. *Prerequisite:* B-104, or written permission of instructor.

**C-163** Human Sexuality

Study of the anatomy and physiology of the sexual response, the biological and psychological causes of sexual dysfunction, and the basic principles and techniques of sex therapy. New procedures in dealing with various sexual disorders, integrating behavioral approaches with marital counseling and psychotherapy. An emphasis on the positive aspects of human sexuality. *Prerequisite: B-103, or written permission of instructor.*

**C-164** Drug Use and Abuse

The class provides an overview of the history, use, and abuse of drugs, such as: alcohol, marijuana, amphetamines, cocaine, barbiturate, and hallucinogens. The neurochemicals which are associated with each abusive substance will also be examined. In addition, the use of psychotropic medications will be covered in detail.

**C-166** Child Abuse & Domestic Violence

A comprehensive view of the dynamics and treatment implications for domestic violence. Topics include physical and sexual abuse of children, neglect, delinquency, spousal battering, and abuse of elders. The course will probe social, psychological, and forensic aspects of the problem as well as moral and ethical difficulties facing the clinician. 2 units credit.

**C-168** Psychopharmacology

Surveys medications useful in treating insomnia, anxiety, psychosis, mania, and depression. The special problems of the elderly and children will be addressed. Discussion includes appropriate indications for medication, available preparations, contraindications, precautions, side effects, pharmacokinetics, drug interactions, and alternatives to pharmacology.

**C-169** Human Diversity

Problems and issues arising from different values and cultural assumptions that may affect therapeutic intervention in marriage and the family. Includes the study of a wide range of cultural and ethnic backgrounds.

**C-171** Social Psychology

An analysis of the formation and change of attitude, belief systems, interpersonal perception and dynamic behavior in small groups, and contemporary problems of intergroup relationships.

**C-172** Organizational Psychology

A course covering topics of general interest in industrial psychology, including the history of the field, work description and performance evaluation, leadership and supervision, selection and placement, training and development, and accidents and safety.

**C-181** Doctoral Proposal I

The course explores theoretical, clinical, and experimental issues in psychology suitable for research. The major student product of this trimester contains the essential elements of proposal literature review, problem statement, and research questions. Competence in CGI dissertation style and format will be tested.

*Prerequisite: Passing the written comprehensive exam.*

**C-182** Doctoral Proposal II

This second phase of Proposal Research continues where C-181 ended. It reviews basics in research design and statistical treatments. Any field-testing and piloting of instruments or processes is reported during this phase. The product expected will contain the essential elements of chapter 3, a reworked edition of chapter 2 and all the elements of chapter 1. Prerequisites: C-181 or written permission of instructor.

**C-183**                    Doctoral Proposal III

This phase is spent in combining the products of C-181 and C-182 into a proposal suitable for presentation to the faculty review committee. If the students's proposal is scheduled before the end of C-182 for faculty review the next trimester, then C-183 may be waived; if not, C-183 must be taken. C-181, C-182, and C-183 are required courses for PsyD in Psychology, PhD in Clinical Psychology, and PsyD in MFT candidates working on their dissertation proposals. *Prerequisite: C-182 or written permission of instructor.*

**C-190**                    Individual Didactic Psychotherapy

Individual Didactic Therapy is an essential part of the educational requirements for doctoral students. (See "Individual Didactic Psychotherapy" section in General Information). A minimum of 25 hours in personal therapy must be completed by all doctoral students at some time during their program at CGI. Students must submit the name and curriculum vitae of the prospective therapist for approval by the Education Council. Students pay the fee for C-190 at the time their Approval of Therapist form is submitted. 1 unit of credit.

**C-191**                    Clinical Practicum I

Introduction to diagnosis and psychotherapeutic handling of clinical cases. Presentation of specific clients seen by students and faculty. Evaluation of different theoretical orientations and interventions. Learning the DSM-IV TR. *Prerequisite: C-131, C-142, and current patient caseload for student. 4 units credit.*

**C-192**                    Clinical Practicum II

Clinical presentations by students and faculty. Advanced training in diagnosis, rule-outs, role of psychotropic medications, and working with couples, children, and families. Advanced uses of DSM-IV TR. *Prerequisite: C-131, C-142, and current patient caseload for student. 4 units credit.*

**C-193**                    Clinical Practicum III

Clinical presentations by students and faculty. Continuation of C-192, with special emphasis on effects of interaction between Axis I and II diagnoses, research support for intervention of choice. Mastery of DSM-IV TR. *4 units credit.*

**C-194**                    Clinical Practicum IV

Clinical presentations by students and faculty. Work on syndroms still in research stages, interplay between patient diversity and signs and symptoms for DSM-IV TR disorders. Clinical judgment at the edge of ethics and law. *4 units credit.*

**C-198-99**                Research Practicum I-II

Discussion and reporting of ongoing research projects under the supervision of a research investigator. *4 units credit each.*

**112**                      Comprehensive Review

Allows the advanced student to comprehensively examine and review the Basic courses and contemporary writings in the field of psychology. Special emphasis on a synthesis of topics possibly covered on the written Comprehensive Examination. *2 units credit.*

**154**                      Psychological Assessment IV: Neuropsychological Assessment

Major batteries and individual instruments will be reviewed. Students will learn the tests and how to integrate them with personality test data to administer, synthesize and report comprehensive neuropsychological screening test reports.

**155**                      Psychological Assessment with Special Populations

Special populations: children, mental competency, couples, forensic and worker's compensation testing.

**156** Clinical Practicum in Assessment

Students who have taken all the testing courses in the certification program, will administer and present cases in a case conference format, thus enabling the student to gain increased sophistication in the demonstration of skills necessary to intelligently and competently present relevant assessment data.

**204** Suicide and Crisis Intervention

The course presents suicide as a personal and societal problem and alerts students to common danger signals in patient behavior. Crisis response is covered in detail and relates to the individual as well as mass societal traumatic events.

**302** Writings of Sigmund Freud

A general survey of Freud's writings tracing the development of his basic theories from 1893 to 1910. Implications for present theory and practice.

**307** Transference, Relationships, and the Self

Detailed exploration of transference phenomena as they affect the therapeutic process and relationship. Comparison of Freudian ego-centered psychoanalytic perspective with the Jungian soul-centered archetypal perspective. An experiential format will give each student the opportunity to integrate the cognitive material through practice and observation.

**310** Ego Defenses

The defensive mechanisms applied to protect the ego from dangers arising from one's own affects or impulses, and the various motives for developing ego defenses will be covered. Psychoanalytic theories of mental development and dynamic psychology will also be presented.

**311** Resistance, Transference, and Countertransference

The psychoanalytic phenomena of resistance, transference, and countertransference as elements in psychoanalysis, as well as in virtually all systems of psychotherapy; alternate explanations are explored, and techniques for handling each of the phenomena are discussed.

**312** Theory of Modern Psychoanalysis

Examination of the theory and techniques for treating the narcissistic disorders; special emphasis will be on the work of Spitz and Meadow.

**313** Healthy Narcissistic Development

This course serves as an introduction to self-psychology. It traces the development of the self from birth, with particular emphasis on the first 3 1/2 years, until there is some self and object constancy. How the environment facilitates or impedes this development will be explored.

**316** Narcissistic Disorders: Shame

Explores the relationship between shame and narcissism, in both normal development and in pathology. The etiology of, and defenses against shame will be examined.

**317** Introduction to Ego Psychology

Examination of the modifications in psychoanalytic theory and technique associated with the development of ego psychology. A survey of works of Hartmann, Spitz, Anna Freud, Balint, Loewinger, Blanck and Blanck, and others.

**320** Dream Analysis I

Introduction to the understanding of the structure, function, and meaning of dreams. History of dream interpretation, including a critical survey of contemporary dream interpretation. Particular consideration will

be given to existential and phenomenological points of view. Also, the physiology of dreaming and the role of dreams in primitive societies will be reviewed.

**321** Dream Analysis II

Continuation of Dream Analysis I. *Prerequisite: 320, or written permission of instructor.*

**323** Object Relations Theory

Continuation of overview of object relations theory with special emphasis on the genesis and therapeutic alteration of ego and superego structures. Also self-disorders (narcissism and borderline conditions) and certain countertransference issues will be studied. *Prerequisite: 322, or written permission of instructor.*

**324** Advanced Object Relations Theory

Continuation of Object Relations Theory. *Prerequisite: 323, or written permission of instructor.*

**325** Mother-Infant Relationship

Examination of the mother-infant relationship as a prototype of all other relations, including the concept of symbiosis, deprivation, overprotection, and individuation.

**326** Borderline Conditions

Examination of adult pathology with an emphasis on the etiology emanating from the preoedipal period of development. Current theories will be discussed.

**334** Theory and Technique

Klein's work on superego, splitting, projection, integration, fantasy, symbol formation, guilt, reparation, greed, envy, and other significant areas will be studied.

**403** Applied Techniques of Marital and Family Therapy

A course in applied psychotherapeutic technique including assessment, diagnosis, prognosis, and treatment of patients utilizing MFT methodology.

**407** Psychopathology & Family Dynamics

An examination of psychopathology using the latest DSM IV framework for studying the etiology, diagnosis, treatment, and prognosis of various mental disorders, emphasizing interpersonal disorders.

**409** Child & Adolescent Psychotherapy

The course covers the maladies most commonly presented by adolescent patients, including anxiety, depression, eating disorders, identity crises, chemical dependency, and conduct disorders; diagnosis and effective intervention techniques for inpatient and outpatient settings will be described.

**413** Theories in Family Therapy

The course covers those psychodynamic theories that best lend themselves to MFT intervention and interpretation, e.g., Jungian, object relations, Adlerian, and modern analysis (Spotnitz, Meadow).

**418** Ethnicity and the Family

Curriculum will cover the various cultural mores of the diverse primary groups in California: Buddhism, Islam, Judaism, Christianity, and the specific intervention techniques that would be appropriate with American Indian, Hispanic, Chinese, Japanese, Korean, Filipino, Black, Vietnamese, and Cambodian patients, and with the trauma of immigration and the process of integration into the U.S. culture.

**419** Introduction to Mediation & the Basics in Family Law

The course introduces the student to California family law, courtroom procedures, juvenile court, property settlement and custody proceedings.



**420** Mediation, Negotiation, and Communication

The course teaches the student the arts of negotiation, helping clients communicate their needs, and stresses the fair settlement concept.

**421** Practicum in Casework on Mediation in Family Law

Students will work with simulated and real cases in mediation, and participate in moot court.

**428** Brief Psychotherapy with Children and Adolescents

This course covers principles of short-term psychodynamic psychotherapy in helping children and adolescents in crises such as fire, rape abuse, loss, death, and life-threatening chronic illness. If not adequately dealt with, such traumatic experiences can seriously interfere with and impact children and adolescent's healthy development.

**432** Counseling Parents on Child and Adolescent Development

This course covers such issues as death, divorce, one-parent families, adolescence, sexuality, jealousy and other challenging areas that parents struggle with and need help with when caring for their children and adolescents.

**436** Clinical Lab in Child and Adolescent Psychotherapy

This seminar focuses on developing skills in clinical interviewing (structured and unstructured), data gathering, and problem assessment that lead to a progressive understanding of the child and adolescent patient in formulating diagnostic and treatment plans. Clinical examples will be used. Active student participation is strongly encouraged.

**438** Treatment of Emotionally Disturbed Children and Adolescents

This course covers diagnostic criteria and treatment formulations for disorders such as depression, anxiety, suicidal and antisocial behavior, attention-deficit and obsessive-compulsive disorder in emotionally disturbed children and adolescents. Emphasis on understanding the roots of psychopathology and its contribution to the development of psychosis, criminal behavior, malformation of character and severe inhibition using psychodynamic/object relations theories. The role of family in children and adolescent's emotional, intellectual, and sexual development is also addressed.

**452** Conjoint Psychotherapy

The curriculum in this course is focused on committed human relationships, both heterosexual and homosexual, their similarities and differences. The preresolution phase, issues involved in making appropriate choices for commitment, and the aspects of the relationship itself will be included as well as multifamily therapy and groups, therapy and self-help.

**454** Marriage, Divorce, and Family Changes

The course covers dissolution therapy, techniques of mediation, therapy with the blended family and the single-parent family. Issues of the child's place in the restructured family are included, along with relationships—both homosexual and heterosexual.

**460** Advanced Theories of MFT

Concepts of relational models of psychodynamic theories and their application to clinical work. The emphasis will be on object relations theory as applied to family systems. Authors studied include Fairbairn, Winnicott, Kernberg, Kohut, and Scharff & Scharff.

**464** Models of Brief Family Therapy

Topical exploration of major issues facing the family in modern America, including the family and violence (environmental and domestic), chemical dependence, cross-cultural issues, children, adolescents, geriatric members, dysfunctional communication, change. Short term treatment is of focus.

**465** Dynamics of Clinical Supervision

This course is multifaceted and includes the components of education, training, and supervision consultation. Upon completion, the student will be able to demonstrate the ability to monitor, assist, and enhance an intern's clinical work and to promote the conceptual, intuitive, and personal skills necessary for the intern's professional development.

**466** Play Therapy Techniques

This course introduces the history, development, and usage of play therapy. Particular emphasis is given to discussing and examining techniques of major psychodynamic and object relations theorists who have contributed to the development of child analysis and play therapy.

**505** Rorschach Testing I

An introduction to the use of the Rorschach technique. Administration, scoring, and beginning interpretation will be covered. *Prerequisite: C-152, or written permission of instructor.*

**508** Adult and Geriatric Psychotherapy

Advanced examination of multiaxial and differential diagnosis based on symptoms as designated in adult psychopathology working from DSM IV TR.

**619** Crisis Intervention and Brief Therapies

A comprehensive review of current theoretical and practical models for two subject areas of interest: crisis intervention skills and brief strategic and psychodynamic therapies.

**701** Contemporary Philosophy and Psychology

An examination of philosophical questions raised by the theories and research of Freud, Jung, Reich, Russell, Sartre, Binswanger, Boss, May, Laing, Pavlov, Skinner, Wolpe, Eysenck, Lazarus, and Chomsky. Topics include: the nature of the unconscious; freedom and moral responsibility; determinism; mind-body issues; character armoring; society and character structure; innate aggressiveness; operant reinforcement; critique of behavior therapy.

**708** Psychology of Creativity

A multidisciplinary exploration into the nature of creativity. Special emphasis on the nature of creativity and courage; the unconscious; tragedy and comedy; and the psychotherapist as both artist and scientist.

**711** Psychology of Women

Examination of biological, cultural, and psychosexual phenomena affecting women's development. Sex role stereotypes are explored; special emphasis on the role of communication media and educational systems in reinforcing a negative self-concept in women. An analysis of socialization, sexual relationships, traditional and alternative life-styles for women; female-specific psychological and physical disorders, psychotherapeutic implications for working with women, consciousness-raising, and androgyny.

**712** Psychology of Men

This course is designed to increase awareness of the many dimensions of being male in the United States. Relevant developmental, sociopolitical, and psychological factors will be surveyed in the context of such issues as sex-role typing, androgyny, cultural mores and values, subcultural distinctions, buddyship, homosexuality, and male-female relationships. Male-specific psychological and physical disorders, and psychotherapeutic implications for working with men will also be covered.

**714** Psychopathology and Psychotherapy with Perpetrators of Violent Crimes

This course covers the following topics: the history of rape as a crime, the types of rape, the etiology of the rapist, history of incest, types of incest, the etiology of the incest perpetrator, pedophilia, types of physical assault, etiology of an assault perpetrator, types of murder, etiology of those who murder.



**715** Psychotherapy with Victims of Violent Crimes

This course covers psychotherapy with: rape victims, rape perpetrators, adult victims of incest and, incest perpetrators, assault victims and perpetrators, and those who kill.

**716** Forensic Treatment of Victims & Perpetrators of Violent Crimes

This course covers: preparing children to testify in court; mental state of the accused at the time of criminal offense; competency to stand trial on criminal charges; therapist as a court-appointed expert in rape, assault, and incest cases; mock trials.

**717** Practicum in Treatment of Victims of Crimes

This class explores the issues affecting the therapist who works with the victims and/or perpetrators of violent crimes, along with extensive student case presentations.

**753** Brief Therapy Training: Managed Health Care

Briefly reviews the DSM IV TR and 5 Axis diagnosis and how to translate the theoretical orientation into understandable language for managed health care. Reviews a variety of outcome oriented therapy techniques. Overview of brief psychotherapy, brief solution-oriented psychotherapy, brief psychodynamic psychotherapy, cognitive behavioral therapy and behavioral medicine.

**761** Psychosocial Histories for the Courtroom

This course will cover competence to stand trial, criminal responsibility, competence to confess, competence to waive Miranda rights, organization and format of structured interviews, mental status examination, Diagnostic Interview Schedule, and specific interviews for clinical and personality disorders.

**763** Assessment of Malingering, Deception, & Criminal Responsibility

This course will cover assessing and diagnosing malingering and deception in forensic populations, and evaluating responsibility. It includes measures such as the Rogers Criminal R Assessment Scales (R-CRAS) and the Structured Interview of Reported Symptoms (SIRS).

**765** Personality Testing for Forensic Specialists

This course will cover psychological measures frequently used in the criminal justice system, including MMPI and MMPI II, projectives, Hare Psychopathy Checklist-Revised, and Carlson Psychological Survey (CPS) that evaluate personality disorders and behavior/substance abuse problems in offender populations.

**767** Neurological Testing for Forensic Specialists

This course will offer instruction and practice in giving and evaluating neurological tests with a forensic population, and in presenting the results in a courtroom setting under cross examination. Batteries include Stoop, Bender, Luria Nebraska, and Color Word. Report writing, note taking, and testimony will be discussed in depth.

**771** Special Forensics

Students in this course will register to become unpaid interns for a County Public Defender's office. Interns learn to review medical records; incorporate histories and written records into diagnosis; review school records for needed testing, evidence of possible neurological impairment, and estimates of intellectual functioning; and consult with lawyers.

**805** Human Anatomy and Physiology

Investigates the structural anatomy and functional physiology of the primary organic systems of the human body. Includes anatomical examination of these systems: integumentary, skeletal, muscular, nervous, endocrine, circulatory, immune, respiratory, digestive, urinary, and reproductive. Examines common disorders of these systems encountered by clinical psychologists. *Prerequisite: B-103, or written permission of instructor.*

**811** Psychosomatic Disorders

Evaluation of the physiological and psychological dynamic processes that contribute to chronic illness. The role of psychodynamic factors and stressful life conditions that lead to somatic symptom formation will be assessed. Emphasis on understanding the personality patterns that contribute to cardiovascular disorders and on the multidisciplinary treatment of chronic pain problems. *Prerequisite: B-103, or written permission of instructor.*

**812** Biofeedback Therapy

Overview of the electrophysiological, self-monitoring techniques utilized in the theory and clinical practice of biofeedback therapy. Students will receive hands-on training in the use of biofeedback equipment that monitors somatic muscle tension, skin temperature, skin conductance, and brain wave activity. Relaxation techniques of abdominal breathing, progressive relaxation, and autogenic training will be examined. Fulfills didactic portion of requirements for national and state certification in biofeedback. *Prerequisite: B-103, or written permission of instructor.*

**813** Clinical Practicum in Biofeedback Therapy

Provides advanced didactic training in individual personal experience and group supervision in biofeedback therapy. Clinical cases of students will be monitored and supervised. Prepares students for certification in biofeedback. *Prerequisite: B-103 and 812, or written permission of instructor.*

**816** Assertiveness Training

Practical application of behavioral techniques for assertive communication and overt expression of socially suppressed emotions. Different styles of assertive speaking will be contrasted with passive and aggressive ways of communication. Psychodrama and behavioral processes for discharging and releasing feelings will be evaluated.

**818** Cognitive Therapy of Mood & Personality Disorders

Theoretical and clinical evaluation of mood and personality disorders. Using the principles of and cognitive behavioral affective therapy to assess, diagnose, and formulate treatment plans. This course will utilize experiential processes as well as didactic.

**821** Clinical Hypnosis

An introduction to the integration of clinical hypnosis into psychotherapy. Examines facilitation of behavioral changes with the utilization of altered states of consciousness. Didactic training and experiential practice with different methods of induction and deepening techniques. Prepares students for didactic training requirements for state certification in hypnosis.

**822** Advanced Clinical Hypnosis

Advanced training in clinical hypnosis, with particular emphasis upon the indirect utilization techniques and paradoxical approaches of Milton Erickson. Discussion of clinical cases presented by students which integrate hypnosis with psychotherapy. Prepares students for some of the requirements for state certification in hypnosis.

**825** Guided Imagery

Examines didactic and experiential training in visualization techniques which have been variously labeled guided imagery, waking dreams, and mental imagery. Procedures for facilitating the visualization process and guidelines for interpreting the symbols of imagery will be presented. Application to patients with mood disorders, chronic pain, and terminal cancer will be discussed.

**826**                      Advanced Guided Imagery

Advanced training in the clinical utilization of visualization techniques. Discussion of clinical cases which integrate guided imagery and mental rehearsal with psychodynamic psychotherapy for the interpretation of imagery and dream symbols.

**827**                      Psychoneuroimmunology

Didactic and clinical overview of this developing new field which explores the relationship between psychological factors, the neuroendocrine system, and the immune system. Particular focus will be placed upon research studies which have examined the effect of psychotherapy and guided imagery upon allergies, autoimmune disorders, cancer, and HIV positive status. *Prerequisite: B-103, or written permission of instructor.*

**832**                      Advanced Sex Therapy

Continues Human Sexuality (C-163), focusing on contraception, abortion, marital, divorce, , pornography, teenage sexuality, sexuality among older people, sex and drugs, and sex and religion; nonbehavioral approach to sex therapy. *Prerequisite: C-163, or written permission of instructor.*

**833**                      Clinical Practicum in Sex Therapy

Provides advanced training in sex therapy. An on-going case will be monitored and discussed. The recent literature and advances in sex therapy will be covered. Students will be encouraged to work with sex therapy patients during the course. *Prerequisite: C-163, or written permission of instructor.*

**844**                      Psychotherapy for Substance Abuse

The class briefly reviews major drug use and abuse, the addiction matrix, and specific treatment procedures for therapy in both in-patient and out-patient facilities. Covers in detail: intake, client education, orientation, assessment, case management, and crisis intervention.

**845**                      The Family and Chemical Dependency

The role of the family in chemical dependency will be examined. The transmission process, codependency, and domestic violence and chemical dependency will be covered.

**846**                      Society and Chemical Dependency

This course examines chemical dependency as a societal problem with topics such as: the mass-media, the criminal justice system, health care systems, referral procedures, and community resources.

**847**                      Treating Chemical Dependency

The course focuses on psychotherapy for the chemically dependant client and minimizing issues for the therapist, along with extensive student case presentation. This practicum is taken after all other classes in the Chemical Dependency Certificate Program have been completed.

**860**                      Varieties of Healing

A theoretical examination and experiential evaluation of the human energy field and its relationship to psychic healing of physical and emotional disorders. This course will include meditative practices related to the human aura, the energy centers, psychic intuition, and past lives therapy.

**862**                      Psychothynthesis

An examination of the principles and practice of as developed by Robert . This course will utilize experiential processes as well as didactic discussions of psychosyntheses, concepts of the self, the higher self, subpersonalities, and the will.

**865** Altered States of Consciousness

Explores alternative belief systems and ways in which persons may alter their way of knowing. Practices to be investigated include astrology, biorhythms, acupuncture, yoga, , color and sound, I Ching, Tarot, and death as an altered state.

**870-1** Psychology of Aging

Explores topics relevant to the process of human aging. Topics include the aging process, longevity, aging body, aging mind, retirement, widowhood, death and dying, and psychotherapeutic interventions.

**871** Death, Dying, and Transition

Explores psychological approaches for assisting patients and their families in coping with the process of dying. Specific attention will be placed upon the work of Kubler-Ross and the different psychological stages faced by patients with a terminal illness. Examination of psychotherapeutic techniques for facilitating healing and dealing with death as a process of transition.

**873** Treatment Interventions and Care Alternatives for the Older Person

A focused concentration on living and care arrangements, psychotherapeutic intervention and and other issues relevant to the treatment and care needs of the older population as well as care givers.

**877** Practicum in Gerontology

**923** Special Topics Seminar

Topics of special interest not included in the regular curriculum will be offered occasionally under this course number.

**931** Proposal Writing I, II, etc.

At the beginning of the trimester following completion of C-183 (Proposal Research III), if all other units are completed, students who have not finished the proposal must enroll in Proposal Writing I, II, etc. until the proposal is completed. Course 931 carries no units, but enables students to maintain residence until the proposal is complete. Students in 931 are eligible to attend Proposal Research III classes. *Prerequisite: C-181, C-182, and C-183.*

**933** Dissertation Research I, II, etc.

In the trimester after committee acceptance of the dissertation proposal, students must enroll in Dissertation Research I. There are no group meetings; individual appointments are arranged with the chair and readers. Students must reenroll each trimester until the dissertation is completed. Students in 933 are eligible to attend Proposal Research III classes. *Course 933 carries no units.*

**P-340** Development of the Person

A systematic presentation of the development of personality from infancy through childhood, adolescence, and adult life, including the history of personality development within psychoanalytic theory from the perspectives of the various schools. As appropriate, DSM-IV TR diagnoses and disorders will be discussed.

**P-341** Psychoanalytic Theory of Development I

A systematic presentation of the development of infancy and childhood. A history of personality development from the various schools will be presented. As appropriate, diagnoses and disorders will be discussed.

**P-342** Psychoanalytic Theory of Development II

A systematic presentation of the development of adolescence and young adulthood through the aged person. As appropriate, diagnoses and disorders will be discussed.

**P-350** Introduction to Psychoanalysis

An overview of the theory of psychoanalysis as it evolved from the thinking of Freud, and continued by Abraham, , Reich, A. Freud, Hartmann, and Rappaport.

**P-351** Freud I

A study of the major writings of Sigmund Freud. Implications for present theory and practice are considered.

**P-352** Freud II

A continuing study of the writings of Sigmund Freud and his followers.

**P-354** Object Relations Theory 1

A study of object relations theory, its beginnings, with the works of M. Klein, Fairbairn, , and others.

**P-355** Sexual Aberrations and Other Disorders

A focus on the dynamics and structural changes in personality that produce sexual aberrations and other disorders. The nature and treatment of these disorders will be discussed. As appropriate, DSM-IV diagnoses and disorders will be discussed.

**P-356** Object Relations Theory .

Continuation of the study of object relations theory, including the works of , Jacobson, Mahler, and others.

**P-357** Borderline States & Narcissism

A focus on the dynamics and traits in the personality which produce borderline states and narcissism. The nature and treatment of these personality states are examined.

**P-358** Personality Disorders: Narcissism

Study of the dynamics and traits in the personality which produce personality disorders. The psychoanalytic theory and treatment of these personality disorders are discussed.

**P-359** Affective & Anxiety Disorders

A study of adult pathology as it relates to a prolonged disturbance of emotion or recurrent anxiety attacks. Psychoanalytic theory and treatments of these disorders are discussed.

**P-360** Theory of Psychoanalytic Technique

The development and application of technique from the opening phase through termination, with consideration of such issues as resistance, transference, and countertransference.

**P-361** Theory & Technique of Dream Analysis

The understanding and application of dream analysis to clinical practice, covering contributions from Freud to the present.

**P-362** Applied Technique of Psychoanalysis

A presentation of case material by the instructor demonstrating and illustrating aspects of psychoanalytic technique, designed to provide a practical follow-up to P-360 and P-361.

**P-363** Transference, Resistance, & Countertransference

A study of the manifestation of resistance and the use of transference and to help resolution in treatment.

**P-364** Jungian Analytic Therapy

Overview of Jungian analytic psychology. Basic concepts of personal and collective unconscious, dream analysis, archetypal symbolism, self, mother, shadow, animus & anima.

**P-365** Clinical Empathy

A study of empathy from both classical psychoanalytic and Self Psychology viewpoints. Participants review case material, reflecting both empathic attunement and empathic failure.

**P-366** Pathological Sexual Aberrations

A psychoanalytic study of the inhibitions, disorders of genital functioning, and regressive adaptive aspects in sexual behavior.

**P-367** Eating Disorder, Substance Abuse, and Other Addictions

A study of eating disorders, substance abuse, and other addictions from a psychoanalytic perspective. Treatment methods will be addressed.

**P-368** Primitive Mental States

A psychoanalytic study of the inhibitions, disorders of genital functioning and somatic disorders related to regressive adaptive aspects of functioning. The structural changes in the personality which produce psychotic states will be addressed.

**P-369** Theory & Techniques of Group Psychoanalysis

A study of transference, resistance and in the group setting. Didactic theory is studied as it relates to group process.

**P-370** Schizophrenia & Psychotic States

A focus on the dynamics and structural changes in the personality which produce psychotic states. The nature and treatment of psychoses is addressed.

**P-371** Theory and Technique of Psychoanalysis I

The development and application of psychoanalysis from opening phase through termination, with consideration of such issues as resistance, transference and . A presentation of case material by the instructor demonstrates and illustrates aspects of psychoanalytic technique.

**P-371-1** Theory and Psychoanalysis I

A study of the manifestation of resistance. The use of transference and will be considered. The help in resolution in treatment will be studied.

**P-372** Trauma & Narcissism

An examination of the environmental and factors in the development of pathological states.

**P-373** Current Literature 1

A study of psychoanalytic theory, technique and research with emphasis on current psychoanalytic literature.

**P-374** Current Literature 2

Continuation of the study of current psychoanalytic literature.

**P-375** Self Psychology 1

Systematic study of the writings of Heinz and recent writers in self psychology.

**P-376** Self Psychology 2

An examination of the basic principles and techniques of Self Psychology with case illustrations and references to the literature.

**P-377** Expanding Views of Self

An exploration of developing concepts of the self according to and other contributors.

**P-378** Self Psychology: Current Writings

The most recent writings in Self Psychology will be used as the approach to the concepts of Self Psychology.

**P-379** Modern Psychoanalysis

The study of the theory and technique of Modern Psychoanalysis as developed by and Meadows. Emphasis on preoedipal disorders.

**P-379A** Modern Psychoanalysis: Current Writings

The study of writings reflecting the basic theoretical concepts and techniques of Modern Psychoanalysis. Emphasis on emotional education, the countertransference phenomena and the modification of Freud's viewpoint.

**P-380** Clinical Case Conference 1

The first in a series of required seminars in which students present cases, describing the treatment of patients in psychoanalysis under supervision.

**P-381** Clinical Case Conference 2

Continuation of required Clinical Case Seminars.

**P-382** Clinical Case Conference 3

Continuation of required Clinical Case Seminars.

**P-383** Clinical Case Conference 4.

Continuation of required Clinical Case Seminars.

**P-384** Clinical Case Conference 5.

Continuation of required Clinical Case Seminars.

**P-385** Clinical Case Conference 6.

Continuation of required Clinical Case Seminars.

**P-386** Clinical Techniques

Study of clinical techniques used in Listening Perspectives in Psychotherapy. Students present case material for study.

**P-389** Clinical Case Seminars

Psychoanalysts from the community are invited to present clinical materials for discussion.

**P-390** Child Psychoanalysis 1

Study of literature on the evolution of child psychoanalysis.

**P-391** Child Psychoanalysis 2

Study of childhood psychoses, autism, and recent research on infancy.

**P-392** Current Literature 3

Continuation of the study of current psychoanalytic literature, with a focus on clinical concepts.



**P-393** Shame: Its Importance in Treatment

A focus on the dynamics of shame in the development of personality. The importance of shame in the treatment of psychic disorders will be more in the therapists' awareness as a result of the course.

**P-394** Resistance, , and Ethics

A study of resistance and the use of tr`ansference and to help resolution in treatment. Ethical considerations will be presented and discussed.

**P-395** Classical Analysis & Ego Psychology

An examination of the psychoanalytic theory of Freud and his followers. A look at the modification in psychoanalytic theory and technique associated with the development of ego psychology, surveying the work of , Anna Freud, Balint, and others.

**P-396** Models of the Mind

**P-399** Special Topics in Psychoanalysis

Psychoanalytic topics of special interest are offered.



# Admissions Procedures

# ADMISSIONS PROCEDURES

## Admissions

Applicants for all degree programs must possess a bachelor's degree. Students need to maintain a B (3.0) average in all their course work at CGI.

Applicants must arrange for an information meeting. During this interview, the graduate program and the applicant's eligibility are discussed. After the initial interview, applicants must arrange to send to CGI official transcripts from all degree granting colleges the applicant has attended along with a completed application form with fee, an autobiographical sketch, a statement of immediate degree goal, and two original letters of recommendation. The letters must be from professionals acquainted with the applicant's academic potential and personal character. The Director of Admissions will evaluate the collected information, and inform them of their acceptance or rejection, and advise them of any appropriate recommendations. Those accepted then arrange for a final interview to discuss enrollment and registration procedures. They are then assigned to a Regular or Special student category.

Students who have earned a degree from a foreign university must have their transcripts reevaluated for USA equivalency by the International Education Research Foundation, Credentials Evaluation Service, before arranging their CGI admissions interview. See the Director of Admissions for more information.

## Student Categories

After the interviews and acceptance of the entrance application, entering students are placed in one of the following four categories.

### 1. Regular

Students are accepted into the graduate program of choice without any conditions.

### 2. Conditional

Students are accepted on condition that minor deficiencies will be corrected promptly. Students meet basic admission requirements, but the academic background is outside the behavioral sciences. Students are eligible for regular status after 1 year (3 trimesters) of successful attendance at CGI.

### 3. Special

Students who are auditing only, or taking classes without matriculating into a formal degree program; students are only taking a certificate program, or pursuing personal research goals. Students may be enrolled in a special program designed for those with extensive professional backgrounds, e.g., those who have made significant scholarly or clinical contributions to the field of psychotherapy.

### 4. Candidacy Status

- Students enrolled in the Master of Arts program in psychology reach eligibility for doctoral candidacy in the psychology program by successfully completing (or waiving where permitted) all required and elective units for the MA. A 3.0 (B) or higher grade point average must have been maintained in all course work completed. In addition, students must have successfully completed the written comprehensive examination. The written exam demonstrates mastery or adequate understanding of major concepts (see Comprehensive Exams section for requirements). Having met all the requirements listed above, students may then petition doctoral candidacy status in the psychology program.

- Students accepted at the doctoral level in psychology reach eligibility for doctoral candidacy in psychology by first completing 30 units of course work with a 3.0 (B) grade point average or higher, successfully completing (or waiving where permitted) all the required courses for the written comprehensive examination, and passing it. (See Comprehensive Exams section for requirements). Having met all of these requirements, students may then petition doctoral candidacy status in the psychology program.
- Students enrolled in the Master of Arts program in Marital & Family Therapy reach eligibility for doctoral candidacy in the MFT program by successfully completing (or waiving where permitted) all required and elective units for the MA. A 3.0 (B) or higher grade point average must have been maintained in all work completed. In addition, students must have passed the written comprehensive examination. The written exam demonstrates mastery or adequate understanding of major concepts (see Comprehensive Exams section for requirements). Having met all of the requirements listed above, students may then petition doctoral candidacy status in the MFT program.
- Students accepted to CGI at the doctoral level in MFT reach eligibility for doctoral candidacy in MFT by first completing 30 units of course work (or 1 year's enrollment) with a 3.0 (B) grade point average or higher, successfully completing (or waiving where permitted) all the required courses for the written comprehensive examination and passing it. (See Comprehensive Exams section for requirements). Having met all of the requirements listed above, students may then petition doctoral candidacy status in the MFT program. Students who have earned an MFT or an LCSW license before the date of acceptance to CGI are exempt from the written comprehensive examination requirement.
- Candidacy eligibility for either the master's or doctorate degrees in Counseling Psychology follow the same requirements of completion and grade point average detailed above. Students in either the master's or doctorate program in Counseling Psychology must complete the written comprehensive examination.
- Students need to consult the Psychoanalytic Department section in this catalog for its special requirements.

## **Doctoral Retraining**

For applicants holding doctorates in research or organizational psychology, or adjacent fields such as educational psychology, CGI offers a clinical retraining program.

This program includes courses in group process, psychological assessment, ethics and laws, human sexuality, chemical dependency treatment, behavioral medicine, and other content areas necessary to the practice of psychotherapy. Supervised clinical experience is an essential part of the program.

Because the retraining students will not be degree-oriented, the program has no set curriculum. The courses to be taken will be selected on the basis of need as perceived by the students and as guided by program advisors. The objective will be to provide students with information and clinical training not included in their original degree program.

## **Trimester Plan**

The Institute operates on a trimester plan (three academic periods each calendar year). Classes commence each fall, winter, and spring. Each class meets weekly for 14 weeks. At least 6 units must be taken each trimester by regular graduate students, for a minimum total of 18 units per calendar year.

The ratio of credit units to clock hours is: 3 units = 42 clock hours.

The schedule is flexible, to accommodate the personal schedules of its adult students who all have business and family responsibilities. The length of time to complete a degree or certificate program is largely self-directed by each student. Staff are available to advise students on enrollment decisions.

## **Calendar**

An academic calendar is issued annually. CGI observes the legal holidays of New Year's Day, Martin Luther King, Jr., Day, Presidents Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day (and the Friday following), and Christmas Day.

# Tuition, Fees, & Financial Aid

# TUITION, FEES, & FINANCIAL AID

## Outline of Fees

Application for admission and personal interview	\$50
Registration fee (each trimester)	\$60
Late enrollment fee effective 2 weeks before trimester	\$80
Late enrollment fee effective 1 week before trimester	\$130
Student association fee (each trimester)	\$10
Learning Resource Center fee (each trimester)	\$20
Student Tuition Recovery Fund fee for new students <small>(first trimester, California residents only)</small>	Based on degree program
Transcript mailed	\$10
Catalog mailed	\$10
Board of Behavioral Sciences certification for internship	\$7
Catalog or transcript mailed to foreign countries	\$12
Tuition, each course unit	\$425
Materials Fee for Psychological Assessment Courses	\$25
Program changes (add/drop)	\$10
Leave of Absence/File Retainment fee	\$60
Reinstatement fee	\$100
Delayed payment fee	\$75
Written comprehensive examination	\$175
Oral comprehensive examination	\$175
Reexamination for written or oral exams	\$175
Candidacy Interview	\$125
Dissertation proposal presentation and evaluation	\$175
Oral defense of dissertation	\$175
Certificate <small>(for completing a certificate program)</small>	\$90
Graduation and diploma fee	\$175
Comprehensive Review Course (E-112)	\$850
Doctoral Proposal (Course C-181-3) lab fee	\$195
Proposal Writing (Course 931)	\$1,275
Dissertation Research (Course 933)	\$1,275

## Tuition and Fees

Tuition is \$425 per unit. Payment is due on the day of registration. A fee of \$80 is charged for late enrollment (effective 2 weeks before trimester) or \$130 (effective 1 week before trimester).

Students who drop out of a degree program for 1 trimester or longer, without permission for a formal leave of absence, will be charged a reinstatement fee of \$100 when their reenrollment request is approved.

## Refund Policy

The CGI Refund Policy is governed by California Education Code Sections 94814 and 94814.3 (1-97). If a student arranges with the Registrar to drop a course before its first session (without adding a replacement), CGI will refund 100% of the tuition paid, less \$10 for administrative processing. If a student drops **all** classes before their first session, this same policy applies but the Institute will also retain the \$60 registration fee. (See notes on Withdrawal in the section on Grading).

Students who choose to drop a course during any of the first 8 sessions will receive a pro rata tuition refund for the number of instructional hours remaining in the course. (There is no refund after the 9th session.) All 3-unit courses meet weekly for 3 hours each trimester. CGI operates with three 14-week trimesters each calendar year. A 3-unit course uses 42 instructional hours per trimester.

*Example:* After session #1 of a 3-unit course, a student petitions the Registrar to drop the course. The student attended only 3 (7%) of the course's 42 instructional hours; 39 (93%) remain. Based on the student's tuition charge of 1170 for the course (at \$390 per unit), the student will receive a refund of \$1,088.10, less the \$10 administrative fee, for the unused 39 instructional hours. This example illustrates the first item in the Weekly Classes refund schedule below:

### Dropping Weekly Classes

<u>After Session</u>	<u>% Refund per Unit</u>
#1	93%
#2	86%
#3	79%
#4	71%
#5	64%
#6	57%
#7	50%
#8	43%
#9	0

### Dropping Special Classes, Seminars

A pro rata refund is based on the number of hours attended: 14 classroom hours equal 1 unit.

For students who drop a weekend course after it has met for more than 8 hours for a 1-unit course, 17 hours for a 2-unit course, or 25 hours for a 3-unit course, no refund or credit is given.

## California Student Tuition Recovery Fund

CGI, and other approved institutions that require students to prepay tuition when registering for courses each term, must collect a fee from students for the Student Tuition Recovery Fund (STRF). Upon enrolling for the first trimester, CGI students who are California residents shall pay a fee related to the cost of course tuition for the selected program (see Registration Form for details). CGI pays all such fees into the State Treasury for the STRF, which operates to relieve or lessen financial losses suffered by California residents attending an approved institution that is closing, failing to live up to its enrollment agreement, or refusing to pay a court judgment (Education Code, Paragraphs 94810 and 94954).

To be eligible for recourse to the STRF, students attending an approved school must be California residents and reside in California when they signed the Enrollment Agreement or when they received from that school correspondence lessons or instruction at a California mailing address. Students who hold visas and are temporarily residing in California to pursue an education are not considered California residents, are not assessed the STRF fee, and are not eligible for recourse to STRF services.

To qualify for STRF reimbursement, students must file an STRF application within 1 year of receiving notice from the Bureau for Private Postsecondary and Vocational Education (BPPVE) that their school is closing. If

they do not receive this notice, they have 4 years from the closure date to file an STRF application. If a judgment is obtained, they must file an STRF application within 2 years of the final judgment.

Students are encouraged to retain copies of Enrollment Agreements, financial aid papers, receipts, and any other documentation of monies paid to their school. This information about STRF is based on the Education Code cited above. Questions about the STRF may be directed to the BPPVE at Department of Consumer Affairs, 400 "R" Street, Suite 5000, Sacramento, CA 95814; phone 916/445-3427.

## **Financial Aid**

Loan information is available from the Financial Aid Office. It may be possible to obtain loans from various banks and state agencies. Applications are in the Financial Aid Office. In addition, the Institute has a Delayed Payment Plan where the tuition for each trimester plus a fee is paid in four equal installments during the trimester.

## **Trimester Plan**

The Institute operates on a trimester plan (three academic periods each calendar year). Classes commence each fall, winter, and Spring. Each class meets weekly for 14 weeks. At least 6 units must be taken each trimester by regular graduate students, for a minimum total of 18 units per calendar year.

The ratio of credit units to clock hours is 3 units = 42 clock hours.

# Academic Policies



# Academic Policies

## Grading

Prior to candidacy, students are rated by letter grades A, B, C, D, F, along with an evaluation for each class. Letter grades are given to evaluate students' academic performance. MA students are evaluated by letter grades throughout their program.

Grades of A, B, and C, may be further qualified by a plus or minus to reflect student performance. Pluses and minuses do not affect numerical values of grades and are disregarded in computing grade averages.

Students are required to maintain at least a 3.0 (B) grade average each trimester. Students with less than the 3.0 grade average are placed on academic probation for 2 trimesters. If they have not raised their cumulative average to the required 3.0 or higher grade average in that period, they are dismissed from the Institute.

Depending on course requirements, students may expect midterm exams, in-class presentations, final exams, and similar activities as part of the instructor's evaluation of their learning. Specifics about grading appear in each course syllabus.

### **Before candidacy, these letter grades are used to evaluate student achievement and Status in a course.**

A	4.0	Excellent
B	3.0	Good
C	2.0	Average
D	1.0	Poor
F	0.0	Failing
W		Withdrawn from course
I		Incomplete
		Auditing (no credit)

Incompletes not removed during the following trimester revert to F. The exception to this rule is the Doctoral Proposal series (C-181, 82, 83), in which students have one year to remove an Incomplete. If the work is not completed within one year, the Incomplete becomes final. Students receiving a grade below C in any course must retake the course and achieve a higher grade.

Students who decide to withdraw from a course must see the Registrar to complete an add-drop form. The CGI Refund Policy will apply. Students who decide to withdraw voluntarily from the Institute must notify the Registrar as soon as possible.

### **After candidacy, doctoral students are graded on a pass-fail basis with an accompanying evaluation for each course.**

P	Pass	Passing with distinction (student has achieved a B or above)
F	Fail	Failing to meet the requirements of the course (performance is below B quality expected of doctoral candidates)
W		Withdrawn from course
I		Incomplete
A		Auditing (no credit)

# **Comprehensive Examinations**

## **Written Examination**

CGI students seeking an MA degree take a written exam during their program. Students seeking a doctoral degree also take the written exam and have a personal interview with two administrators before admission to doctoral candidacy. The comprehensive exam covers material studied in the required courses they have taken. A helpful booklet about exam content is available to students who are ready to review for the exam. They can also attend a Comprehensive Review course and interact with professors who prepare the exam. More details about these exams appear in the CGI Student Handbook.

## **Oral Examination**

Near the end of their doctoral program, doctoral candidates take an oral comprehensive exam conducted by two faculty members. Questions are designed to help students respond from their academic and clinical strengths, drawing from their learnings across all doctoral courses and supervised experience. Exam topics range from theoretical understandings of human behavior to practical interventions for emotionally disturbed patients. A useful brochure on preparing for the oral comprehensive exam is available to candidates.

# **Dissertation Process**

## **Doctoral Dissertation**

Doctoral students investigate a special clinical, empirical, or theoretical topic of their choosing, one that holds personal interest, and write their findings in a report called a dissertation. Several courses teach students how to conduct such research and format the findings. Students choose a committee of experienced faculty members to direct them through the process. A CGI dissertation guidebook is available, featuring practical hints for successfully completing this scholarly work. More details about this clinical study can be found in the CGI Student Handbook.

## **Individual Didactic Psychotherapy**

Individual Didactic Therapy is an essential part of the educational requirements for doctoral students at CGI. This experience allows students to explore themselves as individuals, to participate in therapeutic interaction from the perspective of the patient, and to explore problem-solving techniques used by the therapist in didactic interaction.

At some time during their program, doctoral students must accrue a minimum of 25 hours in individual therapy with a doctoral level therapist who meets these criteria: California licensure and at least 5 years of postdoctoral experience. The minimum of 25 hours must be with the same therapist.

Students planning to begin didactic therapy hours must submit the name and curriculum vitae of the prospective therapist for approval by a designee of the Education Council. New students already in therapy upon admission should notify the Registrar immediately. There is some latitude in the requirements if an entering student is already engaged in a therapeutic relationship. However, the therapist must meet the licensing and postdoctoral requirements noted above. The 25 hours do not begin to accrue until the therapy arrangement has been approved by the Education Council. If students are enrolled in one of the MA degree programs and have formally expressed an intention to immediately continue for a doctoral degree, they may begin their individual didactic therapy at the MA level.

Students must pay the fee for C-190, the Personal Psychotherapy course, at the time their Approval of Therapist form is submitted. A total of 1 unit will be earned for this experiential requirement and verification will appear on the transcript.

## **Clinical Training**

Clinical experience is required by the California Graduate Institute as well as by the California licensing boards for those students seeking licensure. The Director of Clinical Placement provides assistance to students who are seeking an appropriate placement for supervised clinical experience.

The State of California requires that the California Graduate Institute enter into an agreement with all facilities that provide clinical training to our students who are pursuing state licensure hours as MFT trainees or psychological assistants.

Students who are working toward licenses as Psychologists or Marriage and Family Therapists need to consult CGI's "Guide to Clinical Training" for additional information on the specific license they are pursuing. The booklet is available in the reception area at both Irvine and Westwood sites.

## **Transfer Credits**

Students who have started but have not yet completed a graduate degree program at a school other than CGI may petition to transfer a maximum of 30 completed credit units from their previous school to CGI.

The master's level programs allow a maximum of 6 units of transfer. The doctoral programs allow a maximum of 30 units of transfer.

Consideration of unit transfer must be requested before enrolling in the first trimester of classes.

CGI will consider transfer of units only from schools or institutes that are either regionally or nationally accredited or have approved status from the Bureau for Private Postsecondary and Vocational Education, State of California. Units from schools with any BPPVE designation less than Approved (i. e., conditional approval or temporary approval to operate) are ineligible for credit transfers.

## **Course Waivers**

Selected courses with content equivalent to required CGI courses, and taken no more than 7 years before entering CGI, may be waived with Education Council approval. The waiver of courses does not reduce overall unit requirements for the degree sought; however, it does permit students to take additional elective courses.

The following courses in the Psychology Department curriculum may not be waived: C-121, C-122, C-123, C-181, C-182, C-183, C-190, C-191, C-192, C-193, C-194. *These classes are integral to the psychology curriculum.*

The following courses in the Marital and Family Therapy Department curriculum may not be waived: C-121, C-122, C-123, C-181, C-182, C-183, C-191, C-192, C-193, C-194. *These courses are integral to the curriculum.*

## **Prerequisites For All Courses**

In planning and revising curricular pathways to advanced degrees, the members of the faculty and of the Academic Planning Committee have taken great care to sequence selected courses so that students would internalize foundational content before facing the challenges of mastering advanced material.

Reminders of required sequence are noted at the end of course descriptions with the word Prerequisite(s) and a listing of one or more courses that must be taken first.

It may happen that, because of previous advanced course work or extensive professional experience, students want to take an advanced course before taking its prerequisite. Such a request to take a course out of sequence

shall be presented to the instructor of the course before registering. Such requests will be considered on individual merit, and will be answered in writing by the instructor.

It is understood that the notation of Prerequisite for a course means, in full: Prerequisite(s) must have been satisfied *before* enrolling in an advanced course. To enroll before taking the prerequisite, students must *first* obtain the instructor's *written* permission.

This explanation pertains to the summary listing of courses and prerequisites, and to the descriptions of courses in the departmental curriculum sections.

# Administrative Matters

# Administrative Matters

## Student Conduct and Student Rights

CGI expects all students to conduct themselves in a manner congruent with graduate level academic endeavors. Repeated tardiness, leaving before class dismissal, excessive arguing with faculty during class, violent outbursts, and similar disruptive behavior are potential grounds for discipline, including academic probation and dismissal from the Institute. Resolution of student conduct problems usually occurs between faculty and students. If unresolved, problems are then brought before the CGI Education Council by the department chair or other Council member. Students accused of improper conduct may respond through the appeals process described in the “Student Rights” section of the Student Handbook.

## Graduate Student Association

The Graduate Student Association (GSA) is the representative body of all regularly enrolled students. Each student member has voting privileges on matters of student policy and appropriation of GSA funds.

The goal of the association is to serve the individual and collective needs of the student body by providing an active voice in the social and academic affairs of the Institute.

The GSA is governed by an executive board comprised of four student officers: the president, vice-president-treasurer, and two member-at-large representatives. The elected officers provide leadership and guidance in directing programs, approving the GSA budget, upholding the GSA constitution, and promoting close cooperation between the general student body and faculty, administration, and alumni.

The opinions and viewpoints of students are sought by faculty and administration on matters of both academic and administrative importance, especially those decisions directly affecting student welfare.

## Information for Veterans

Military veterans, active service personnel, and qualified dependents may use veterans’ benefits to receive partial reimbursement for their tuition under Title 38, U.S. Code. Students must pay their own tuition, but can apply for partial reimbursement through the Veterans Administration at the time of enrollment. Students and prospective students who wish to apply for partial reimbursement should notify the Registrar when they enroll so that they can complete the appropriate forms.

According to the VA, all of CGI’s master’s and doctoral programs qualify for the benefits described. Certificate programs do not qualify. Students taking advantage of these benefits should be aware of the following policies:

1. Students are responsible for notifying the Registrar that they are receiving VA benefits, and when they are increasing or decreasing their unit load, withdrawing, or taking a leave of absence.
2. Students are responsible for paying their own tuition. The VA considers its payments to be a partial reimbursement, not a subsidy. It generally takes 6 to 8 weeks from the time the application papers are processed by the Registrar for a VA check to arrive. Students who register before a trimester can be certified and can expect to receive their checks earlier than those who register later.
3. All students using VA benefits must make satisfactory progress towards their objectives, maintaining no less than a B (3.0) average. Students who drop one or more classes during a trimester will have their benefits adjusted accordingly. Students who withdraw from the Institute will have their benefits terminated as of the beginning of the trimester of withdrawal. Those dismissed for academic reasons will have benefits terminated as of the date of dismissal.

4. Students who fail to complete all courses attempted in a trimester will have their benefits terminated as of the ending date of the previous trimester. Students who do not return for the next trimester will have their benefits terminated as of the ending date of the previous trimester.
5. For information or resolution of specific payment problems, students should call the Veterans Administration Regional Office serving their county of residence.

## **Foreign Students**

The Institute has been approved by the Immigration and Naturalization Service (INS) under Section 101(a)(15)(F) of the Immigration and Naturalization Act for attendance by alien students.

According to the INS, aliens are persons who are not citizens or nationals of the United States. Nonimmigrant students are bona fide and qualified students if they maintain residence in a foreign country and have entered the United States solely for the purpose of pursuing a full course of learning at an established educational institution in the United States.

Such students will have been admitted as “F”, nonimmigrants, along with spouse and minor children. Such students are not expected to work for compensation, though permission to work may be obtained from the local INS office. This includes practical training in the field of study.

CGI is approved to participate in the INS/US Department of Justice SEVIS Program (Student and Exchange Visitor Information System), the Internet-based system which maintains accurate and current information on nonimmigrant students. SEVIS enables schools to transmit electronic information to the INS and Department of State. The system will reflect international student status changes, such as change of address, change in program of study, and other details. The SEVIS Program issues both current and continuing I-20 student visas. For additional information, or to request an I-20 student visa, contact the CGI Director of Admissions and Student Affairs.

Applicants residing in foreign countries should obtain assistance regarding student visas from the local U.S. consular or ambassadorial office.

All CGI instructions, reading materials, assignments, and presentations in all degree and certificate programs are in English.

## **Degrees From Foreign Universities**

Students who have earned a degree from a foreign university must have their transcripts evaluated for USA equivalency by the International Education Research Foundation, Credentials Evaluation Service, before arranging their CGI admissions interview. Contact the Director of Admissions for information.

## **Laws and Ethics**

Student therapists and their faculty supervisors adhere to the federal and state laws governing mental health professionals. Faculty and others responsible for CGI students and programs are guided by the applicable sections of the ethical codes published by the American Psychological Association, the American Medical Association, the American Association of Marital and Family Therapists, the National Association for the Advancement of Psychoanalysis, and similar major professional organizations.

## **Enrollment Agreement**

In accordance with California regulations, students receive an Enrollment Agreement contract. This document contains the title and required unit total for their degree program or educational service, the minimum amount of all fees, charges, and services for the program, refund information, and buyer's right to cancel.

The Enrollment Agreement is renewed at the start of each winter trimester, and the terms remain in effect for 1 year. If enrollment begins in spring or fall, a new agreement will be signed at the start of the following winter and will be in effect for 1 year.

The Enrollment Agreement is signed by the student and a CGI administrative representative. Students retain a copy of the signed agreement for their personal records.

## **Attendance Policy**

Class attendance is mandatory. Students may not miss more than two class sessions during a trimester. Class absences must be made up by arrangement with the instructor.

If students miss more than two classes without making up the misses, they must either drop the course or receive an F grade. Dropping must be arranged with the Registrar before the last session of the course.

## **Leaves of Absence**

Students who wish to interrupt their studies for a serious reason may request a 1-trimester leave of absence by writing to the Education Council. Leaves of absence will be considered on an individual basis and are granted for only 1 trimester at a time. A \$60 file retainment fee is charged for each trimester on leave. Students who do not return after the leave are deemed to have withdrawn and must seek readmission under the rules then in force at the Institute. All written requests for leaves of absence are due before the posted date for late enrollment of each trimester.

A maximum of three leaves of absence may be granted during a student's residence at CGI. No leaves of absence are granted to students who have completed their course unit requirements or whose dissertation proposal has been approved.

## **Student Records Policies**

All CGI student files are maintained in locked storage at the Westwood facility Records Office. Students may examine the contents of their files during business hours (9:00am to 5:30pm, Monday through Friday). A CGI administrator or staff member must be present in order for students to examine their file. Students can also examine their file contents during an advisement session with their department chair, the Registrar, or another authorized advisor. No file, or any portion of a file, may be copied or taken from the Records Office. Student records are maintained for a minimum of 5 years postgraduation (or withdrawal). CGI also retains student transcripts for a minimum of 50 years. CGI student transcripts are available by contacting the Registrar's office. The fee for transcripts is \$7 per copy.

## **Catalog Changes**

The Institute reserves the right to revise information in this catalog as necessary, including changes in curriculum, personnel, procedures, policies, programs, and fees.